

## ABSTRACT

The present invention provides an improved product holding and dispensing package and an improved method for manufacturing, holding and storing products, especially consumable products. In an embodiment, a package for a consumable product is provided. The package includes a housing. A sheet is disposed inside the housing. A number of consumable products releaseably attach or adhere to the sheet. The products are configured within the housing so that a consumer can grasp and remove at least one of the consumable products from the sheet and the housing. In an embodiment, the sheet is attached to the housing and the products adhere to the sheet via a heat activated adhesive.